

Jan Lucas

Trainee



PROFESSIONAL EXPERIENCE

11/2014 –
08/2017

POLICY ADMINISTRATION AND CIVIL SOCIETY SUPPORT

Berlin,
Germany

Security policy administration and liaison: Federal Ministry of Defence - department for European Security and Defence Cooperation. I was in charge of the civil EU Missions and Operations and liaison with European Partners.

La Marsa,
Tunis

Dialogue Support: With the Friedrich Ebert Foundation, I organised level 1.5 talks among Libyan conflict stakeholders. Furthermore, I managed events for CSO in the field of conflict transformation, labour and social rights.

Khartoum,
Sudan

CSO Support, contracting and Press: At the EU Delegation in Sudan, I supported civil society organisations through grants, maintenance of diplomatic contacts and media channels and event management.

07/2011 -
today

TRAINER / FACILITATOR

I have worked as communication and conflict resolution trainer. I am also a trained conflict mediator. These skills come in handy when I facilitate simulations.

conflict
transformation

Conferences: **Model United Nations** (Tunis, Hamburg, Bonn, Maastricht), **Model European Union** (Maastricht)

civic education

Workshops: **Non-Violent Communication** (*Engagement Zentrum Neukölln*)

citizen
participation

Community Management: **Jugend Rettet** (*Jugend Rettet Sea Rescue*) I supported a CSO for civilian sea rescue in the Mediterranean through outreach, community management and field work

PROFILE

I believe in the power of change of perspective and empathy. My goal is to unlock this potential as driver of social and institutional change. My special interest lies in interpersonal conflict dynamics as driving forces of group conflict and the interplay of local and regional initiatives. Building bridges and fostering understanding between the civil and governmental sector is a priority for me.

LANGUAGES

German – *native*

English – *fluent*

French – *fluent*

Arabic – *intermediate*

EDUCATION

09/2015 –
01/2019

Master of Arts

I graduated at the Hertie School of Governance with a degree in International Affairs with a focus on peace and conflict studies and governance in areas of limited statehood. Final Grade: 1,7

09/2011 –
09/2014

Bachelor of Arts

I studied European Studies at Maastricht University with a focus on democratization in the Eastern Neighbourhood. Final Grade: 1,9

07/2011

Abitur

Politics, History, Pedagogic, among others.
Final Grade: 1,4